

**Family and Consumer Sciences\_**  
**Course: Adult Living**  
 Course Code # 5600  
 \_\_\_\_\_ **1 Credit**

School Year \_\_\_\_\_

Term: \_\_\_\_Fall\_\_\_\_Spring

Student:	Grade:
Teacher:	School:
Number of Competencies in Course: <b>31</b>	
Number of Competencies Mastered:	
Percent of Competencies Mastered:	

**Standard 1.0 Students will demonstrate skills required for assuming adult leadership roles in a global community.**

Learning Expectations		Check the appropriate Mastery or Non-Mastery column	Mastery	Non-Mastery
1.1	Formulate visions and goals for families and communities in a global society.			
1.2	Evaluate conditions affecting individual, family and community well-being on the local, national, and international level.			
1.3	Use the FCCLA planning process to plan a service project.			
1.4	Evaluate the impact of individual and group actions in the global community.			
1.5	Apply leadership, citizenship, and teamwork skills as an integral part of classroom activities.			
1.6	Evaluate the importance of networking with others.			

**Standard 2.0 Students will evaluate factors that impact adult roles and responsibilities in areas related to self-understanding, personal decision making, communication, and interpersonal relationships.**

Learning Expectations		Check the appropriate Mastery or Non-Mastery column	Mastery	Non-Mastery
2.1	Analyze strategies that promote personal growth and development across the life-span.			
2.2	Analyze skills and processes essential to functioning as an adult.			
2.3	Analyze the functions and expectations of various relationships.			
2.4	Analyze the interdependency of decisions upon goal attainment.			
2.5	Examine potential roadblocks to adulthood and determine how responsible decision making can circumvent problems.			
2.6	Demonstrate communication skills that contribute to positive relationships.			
2.7	Evaluate conflict prevention and management techniques.			

**Standard 3.0 Students will assess decisions related to parenting roles and responsibilities and personal readiness for assumption of these roles.**

Learning Expectations		Check the appropriate Mastery or Non-Mastery column	Mastery	Non-Mastery
3.1	Analyze factors affecting the decisions to parent.			
3.2	Examine parenting roles across the life span.			
3.3	Evaluate parental practices that promote health and wellness of children.			
3.4	Analyze roles and responsibilities of parents as their children's first teachers.			

**Standard 4.0 Students will apply nutrition and wellness practices that enhance individual and family well-being across the life span.**

Learning Expectations		Check the appropriate Mastery or Non-Mastery column	Mastery	Non-Mastery
4.1	Identify the principles and implications of good health and wellness for family members across the life span.			
4.2	Evaluate the effect of nutrition in maintaining health and wellness of family members across the life span.			
4.3	Explain how stress management promotes physical and mental health of family members across the life span.			
4.4	Evaluate the role of personal management in maintaining good health and wellness.			
4.5	Identify community and other resources that promote health and wellness.			

**Standard 5.0 Students will evaluate management practices related to human, economic, and environmental resources.**

Learning Expectations		Check the appropriate Mastery or Non-Mastery column	Mastery	Non-Mastery
5.1	Determine types of resources and considerations for responsible use.			
5.2	Demonstrate management of individual and family resources.			
5.3	Demonstrate management of financial resources to meet the goals of individuals and families across the life span.			
5.4	Analyze the relationship of the environment to family and consumer resources.			

**Standard 6.0 Students will integrate multiple adult roles and responsibilities in family, work, and community settings.**

Learning Expectations		Check the appropriate Mastery or Non-Mastery column	Mastery	Non-Mastery
6.1	Analyze the contribution of the family to the development of its members individually, as family members, and as members of the community and workforce.			
6.2	Analyze strategies to manage multiple adult roles and responsibilities.			
6.3	Demonstrate the transfer of employability and other related skills developed in the classroom to home, community, and workplace settings.			

**Standard 7.0 Students will examine knowledge, skills, and practices required for adult career success.**

Learning Expectations		Check the appropriate Mastery or Non-Mastery column	Mastery	Non-Mastery
7.1	Evaluate interests, abilities, and personal priorities related to employment.			
7.2	Analyze the effects of career choice on lifestyle.			

Additional comments: \_\_\_\_\_

